

ROANOKE VALLEY **WOMEN'S**  
**CIRCLE**  
**WELCOME!**





# DISCLAIMER

\*Our Women's Circle is a space for personal exploration, connection, and shared wisdom. We do not provide medical, psychological, or professional counseling services. If you are experiencing challenges related to mental health, trauma, or medical concerns, we encourage you to seek guidance from a licensed therapist, counselor, or healthcare provider. This gathering is intended for peer connection and holistic inspiration, not as a substitute for professional care.\*

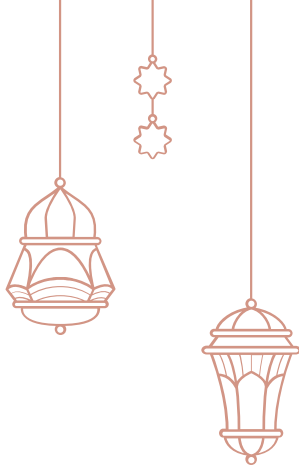


RVWC TEAM

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**For the brave hearts who said  
yes before the path was clear.**

**Jen Marie Cliff**

| Co-Founder of Sacred Mountain Institute  
& Roanoke Valley Women's Circle



## *My Dear Founding Sister,*

There are moments in life when spirit whispers,  
and then there are moments when she speaks  
with thunder in our bones.

This circle was one of those thunder moments. A  
sacred call that came not just from within me,  
but from beyond me — a call to gather, to  
remember, to rebuild the way women come  
together: in beauty, in truth, in power, and in  
softness.

And you heard it, too.

You heard it before the invitation.  
Before the structure.  
Before the certainty.

You said yes to the unknown, to the vision, to  
the possibility. And for that, I am eternally  
grateful.

You didn't just join a circle — you are helping  
co-create a container that will ripple far  
beyond what any of us can measure. You are  
not a guest in this space. You are a thread in its  
weaving. A root in its foundation. A keeper of its  
first sacred flame.

In a world that too often forgets the power of  
ceremony, of sisterhood, and of softness — you  
chose to remember.

You showed up.  
You brought your wisdom, your laughter, your  
hands, your tears, your voice.

You stepped into the messy, beautiful, soul-  
stretching journey of what it means to gather as  
women with intention.

You helped birth something ancient and new all  
at once. A remembering.  
This circle is more than an event. It is a prayer, a  
portal, and a promise.

A prayer for healing.  
A portal to come home to ourselves.  
A promise to never walk this path alone again.

As we move forward, let this moment always  
serve as a reminder:

You were here from the beginning.  
You helped lay the first stones.  
You dared to believe before it was built.  
You are a Founding Member.

A visionary.  
A sacred sister.  
A co-creator of something that will live far  
beyond us all.

From the bottom of my heart — and from the  
breath of the divine that moves through me —  
thank you.

With Love, Reverence, and Wild Gratitude,

*Jen*

WELCOME



“Alone, we are a single note.  
Together, we are a symphony of souls.”

# ABOUT RVWC



Our women’s circle is more than a gathering —  
it is a living prayer.

A return.

A reclamation.

A remembering of who we are, together.

Born from the vision of co-creators and rooted  
in ancient ways of gathering, our circle offers a  
hybrid experience of ceremony, soul  
nourishment, and community for women walking  
the path of leadership, healing, creativity, and  
sacred living.

This is not just a place to meet — it is a space to  
be seen.

Here, we value depth over small talk,  
authenticity over performance, and connection  
over comparison. We come together to heal,  
celebrate, reflect, and rise—as individuals and  
as a collective.

Each circle includes elements of:

- Sacred ceremony and introspection
- Movement, sound, and expression
- Shared meals and sisterhood potlucks
- Feminine networking and collaboration
- Playful exploration and heart-led leadership

We honor the full cycle of life: from grief and  
shadow work to celebration and joy.

We acknowledge the power of storytelling,  
ancestral remembrance, and sacred reciprocity.  
We make room for every woman’s voice —  
regardless of her background, belief, or path.  
This is a circle where: The intuitive meets the  
practical.

The leader meets the healer

The fierce meets the tender

We believe that when women gather  
intentionally, they don’t just empower each  
other — they reweave the world.

*Welcome Home.*

# MISSION

**"Our Women's Circle is a sacred space for empowerment and connection. We support one another in awakening our inner goddess, embracing our unique magic, and forging a deep connection with spirit and the earth. Together, we cultivate a community that celebrates self-discovery, healing, and the strength of our shared feminine journey."**

Our mission is to:

- Create a judgment-free space where women can be seen, heard, and honored.
- Blend ceremony, introspection, play, and networking to cultivate authentic sisterhood.
- Encourage reciprocity—where every woman gives and receives in ways that feel aligned.
- Support each other in business, personal transformation, and spiritual growth.
- Offer a space where women can reconnect with their intuition, creativity, and divine essence.
- Foster long-term community and collaboration, extending beyond a single event.

**This circle is more than just an event—it's a movement of women rising together.**

# VISION

**We envision a world where women rise together in sovereignty and sisterhood, deeply attuned to their intuition, creativity, and divine purpose. Our gatherings inspire a ripple effect of transformation, empowering each woman to embody her truth, share her gifts, and cultivate a life of balance, fulfillment, and sacred reciprocity. Through these circles, we are weaving a local and global web of conscious, heart-centered leadership, ensuring that sacred spaces for healing and empowerment continue to flourish for generations to come.**

# SHARED VALUES

**by your Leading Facilitators**

- Amanda: Connection, Creativity, Communication
- Kathryn: Love, Joy, Gratitude, Beauty
- Beth: Authenticity, Well Being, Trust
- Maya: Integrity, Gratitude, Joy
- Jen: Authenticity, Self Expression, Self Respect, Joy
- Valarie: Radical Acceptance, Co-creation, Authenticity

# GUIDELINES

**We are an evolving group. Guidelines may shift overtime to adapt to the group's needs. We recommend to always review prior to attending each Circle.**

Our women's circle is a sacred and supportive space where female-identifying individuals can come together to hold space for one another, navigate personal challenges, and seek mutual support. These guidelines ensure that our gatherings remain intentional, respectful, and inclusive.

## Purpose

Our circle is a space for:

- Holding space for one another with compassion and presence.
- Moving through challenges that may be causing pain or no longer serving us.
- Seeking support in a community of trust and sisterhood.

## Guidelines

- Inclusivity & Welcoming New Members
- We welcome all female-identifying individuals.
- The circle is invite-only to maintain the safety and sanctity of the space. It will not be publicly shared or advertised online.
- When inviting new women, please ensure they receive the Welcome Letter or Form from our designated volunteer before attending.

## Time & Structure

- Shares will be timed to ensure everyone has the opportunity to speak. A chime will be used if needed to maintain balance.
- Please arrive/depart on time to respect the space and participants.
- Any schedule changes will be communicated via email or Telegram. Those who invited new members are responsible for updating them.

## Sharing & Listening Etiquette

Sharers:

- Use "I" statements to center your personal feelings and experiences.

- Clearly state if you would like support, feedback, or advice after the circle.

## Listeners/Space Holders:

- Offer full presence and attention to the speaker—no side conversations.
- Refrain from offering unsolicited feedback, advice, or vocal support during shares. These may be shared after the circle, if requested.
- Use a shaker (or designated object) to express support, resonance, or acknowledgment.

## Confidentiality & Trust

- What is shared in the circle stays within the circle, including details about mutual friends and partners.
- Breaching confidentiality is grounds for removal, as trust and safety are foundational to our space.

## Spiritual & Philosophical Neutrality

- Our circle is not associated with any specific spiritual or religious path, but welcomes individuals from all backgrounds.
- To be part of this community all members must contribute each time attending an event. The leadership team will keep track of all contributions. A member can choose three paths:
  - Donations may be accepted to cover hosting or logistical expenses.
  - Volunteer work at events – only if there are positions open. These will be posted ahead of time.
  - Bringing (borrowed) items to events to help lower costs.

*These guidelines help us create a space of respect, authenticity, and deep connection. Thank you for being part of this shared journey.*

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# SPONSOR

## SACRED MOUNTAIN INSTITUTE

Where Spirit, Science & Sovereignty Converge

Sacred Mountain Institute is honored to sponsor this inaugural women's circle gathering. As a sanctuary for soul-centered leadership, healing, and spiritual education, we are devoted to supporting spaces that foster connection, personal growth, and collective transformation. We believe that when women rise together, mountains move.

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LET'S STAY IN TOUCH



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